

MSU Extension partners with Michigan Department of Health and Human Services (MDHHS) to provide Supplemental Nutrition Assistance Program Education (SNAP-Ed), a nutrition education program to reduce hunger and food insecurity and promote healthy eating habits.

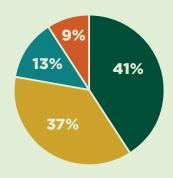


#### **OUR GOAL**

The goal of SNAP-Ed is to improve the likelihood that persons eligible for SNAP will make the healthy food choices within a limited budget and choose physically active lifestyles consistent with the current DGA and the USDA food guidance.



# INDIRECT EDUCATION **EFFORT BY PROJECT:**



**Community-Based Projects** 

**School-Based Projects** 

**Food Access Projects** 

**Early Childhood Projects** 

# **TOP EDUCATION TOPICS:**



Fruits and Vegetables



MyPlate and Food Groups for **Healthy Eating Pattern** 



Dairy



**Protein Foods** 



Food Preparation, Cooking, and Food Safety

# **ESTIMATED REACH BY INDIRECT EDUCATION CHANNEL:**

**51,933** Hard copy materials **48.809** Electronic materials **23,824** Nutrition education reinforcement items **21,491** Articles 17,669 Community events/fairs - in which participated 14,484 Radio public service announcement **8,250** Fact sheet 7,440 Radio interview 2,060 Software application 628 Podcast 141 Videos



# **MI HEALTH MATTERS SOCIAL MEDIA REACH:**



4,043 Instagram Touches



21,025 YouTube Video Views



**8,100** Pinterest Pins



48,315 Facebook Touches

